

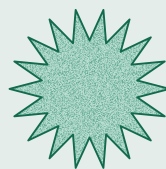
# FOOD INSECURITY IN HAWAI'I

Adequate nutrition is critical to the overall development of children and food insecurity is directly linked to their health, educational, and behavioral outcomes.



**1 IN 6  
PEOPLE**

Feeding America reports that 1 in 6 people in Hawai'i were food insecure in 2020, up from 1 in 9 in 2019.



**1 in 4**

**CHILDREN  
ARE FOOD INSECURE**

Hawai'i ranks second highest in the nation for food insecurity among children with 1 in 4 children falling into this category.

**5.6% COST INCREASE  
IN 2020**

Food costs in Honolulu increased by 5.6% in 2020.



**40% OF HAWAIIAN FAMILIES  
WITHOUT A  
LIVABLE INCOME**

The steady rise of Hawai'i's cost of living, the significant number of people without a livable income, and other factors limit access to food, especially nutrient-rich healthy foods.



**IT'S TIME TO  
TAKE ACTION**

Please support the effort to ensure no child suffers from hunger or malnutrition by donating time, money or food to feed the hungry and supporting sustainable local agriculture for local consumption.

## LILI'UOKALANI TRUST

- 2019** Established Food Security partnerships
- 2020** Co-host Local Food Systems & Sustainable Ag Panel  
Distribute 80,000 food boxes  
Co-host "Hawai'i's Food Systems Mapping" project
- 2021** Continue providing food boxes  
Continue Food Systems mapping project and systems partnerships

## FOOD IS A PART OF OUR CULTURE

Although Hawaiian food customs have evolved, food continues to play a key role today.

- Sharing food/meal builds and nurtures relationships; keeps 'ohana and communities connected.
- Growing and consuming local foods contributes to better health and supporting local economy.
- Lu'au; preparing and gathering around food in honor of celebratory life events.
- Etc.